

# Cooperation Trampolinen




**TRAMPOLINEN**




Arbetsförmedlingen  
Försäkringskassan  
Grästorps kommun  
LILLA EDETS KOMMUN  
Trollhättans Stad  
VÄSTRA GÖTALANDSREGIONEN  
SAMORDNINGSFÖRBUNDET TROLLHÄTTAN, LILLA EDET OCH GRÄSTORP

# Background and goal

- ▶ Trampolinen started in the year of 2008
  - ▶ That 40% of compleated participants will find employment or become self sufficent students
  - ▶ That 80 % of the participants experiance a better quality of life
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# Target group

- ▶ Young adults, 20–29 years old, with some form of disabilities, who need extra support
  - ▶ 26 Available spots
  - ▶ One year
  - ▶ Disabilities are complex and varied
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# Disabilities / diagnoses 2008– 1 / 6 2011 (67 persons)

- ▶ Developmental disabilities 43 %
- ▶ Neuropsychiatric function barriers 27 %  
(ADHD, Aspbergers syndrom, autism)
- ▶ Mental illnesses 18 %  
(depression, anxiety, personality disturbance)
- ▶ Physical disabilities 10 %
- 1. Drug addiction/Criminality 2%


# Attitude / Approach

- ▶ How we approach our participants is critical to the result
  - ▶ Motivating conversation
  - ▶ Empowerment
- 


# Process – overview

- ▶ Information visits
  - ▶ Conversation and planning
  - ▶ Group meeting / Group guidance
  - ▶ Internship with follow up
  - ▶ Employment / Closing
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# Information visits, conversation and planning


- ▶ Information about Trampolinen
  - ▶ Background conversation
  - ▶ Planning conversation
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# Group meetings / Group guidance


- ▶ Intensive class about work life
  - ▶ 14 meetings in small groups
  - ▶ Group guidance with flexible structure
  - ▶ Practices, guests, workplace visits, CV and personal letter
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# Internship with follow up

- ▶ Internship placement based on interest and ability
  - ▶ Handpicked internship places
  - ▶ Good contact and cooperation with the employer
  - ▶ Adaptation of work situation
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# Employment / Closing

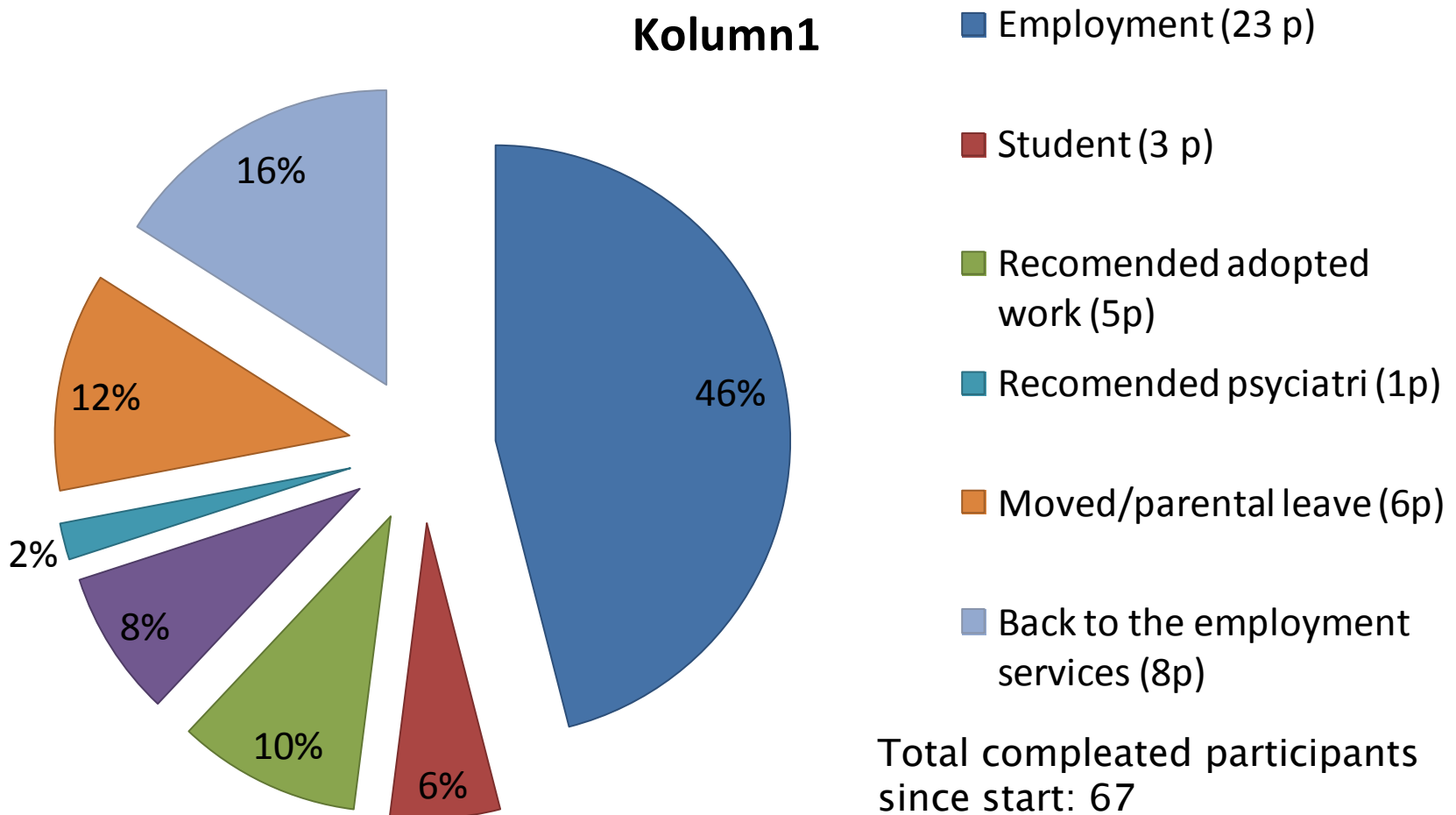
- ▶ Subsidised wages
  - ▶ Follow up and support
  - ▶ Get a job and keep it
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# Documentation

- ▶ Participant statistics (SUS)
  - ▶ Own evaluation
  - ▶ Final documentation
  - ▶ Recommendations
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# Statistics from start 2008 to 1 / 6 2011

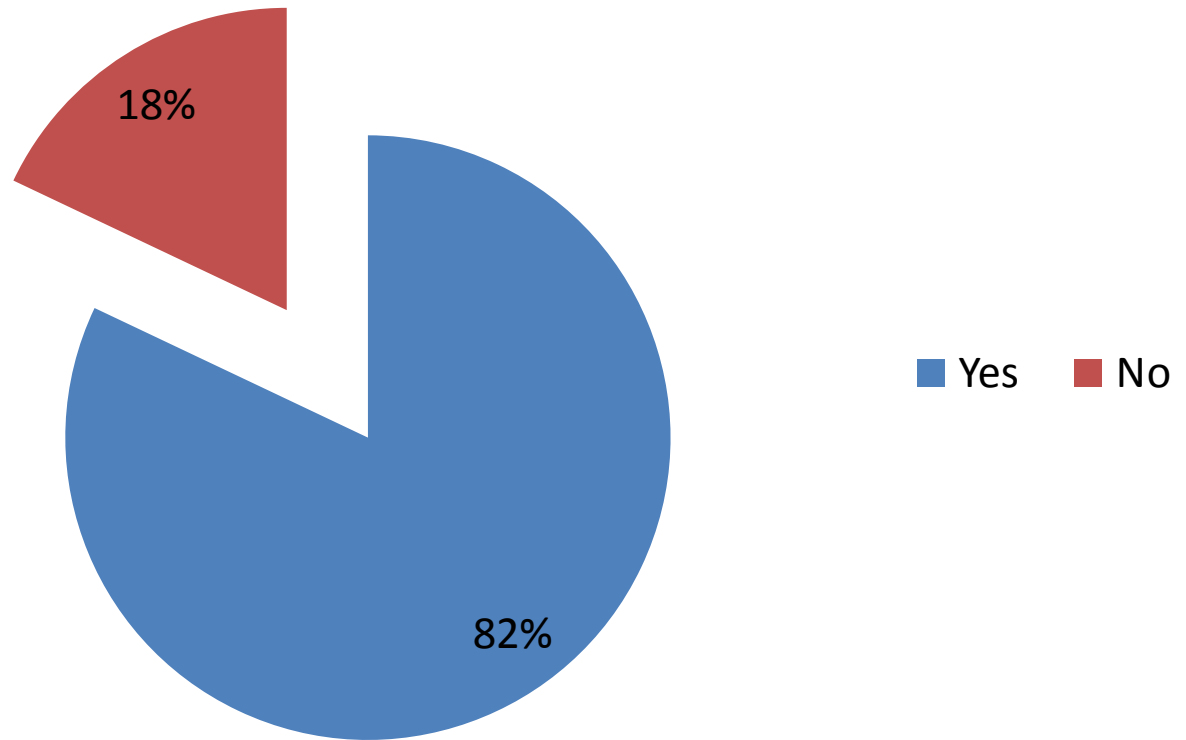
**Kolumn1**




Total compleated participants since start: 67  
Total participants closed: 50  
Total goal achievement : 52 %

# Has your quality of life improved?

Statistics to 1/6 2011



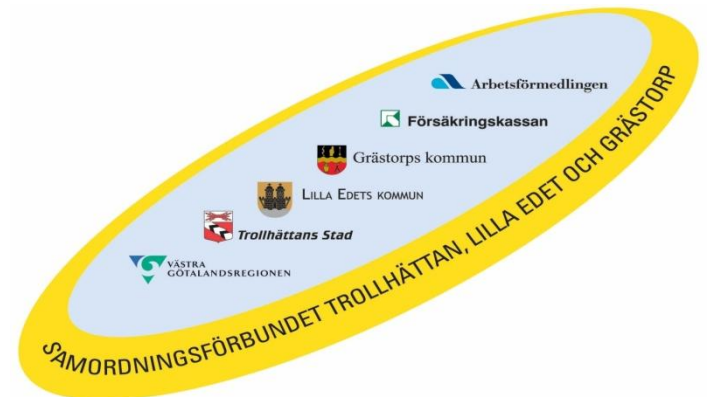
## Quotes from participants about their time with Trampolinen

- ▶ "I think more positive, have better confidence"
  - ▶ "I have better trust in myself"
  - ▶ "I am better socially"
  - ▶ "Not to give up"
  - ▶ "Confirmation that things work out if you just work at it and believe in it"
  - ▶ "That those who are in need, really should take the chance if they get to participate in Trampolinen. Bless!"
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# Thank you for listening!



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